

## Contraindications for MLD

Manual Lymphatic Drainage is not indicated for all clients. General contraindications (concerning the whole body), as well as local contraindications (concerning a body region), can be differentiated.

**Absolute** = strictly prohibited. **Relative** = requires physician's approval.

**Please place a "check" next to applicable past or present medical history.**

### General Contraindications:

#### Absolute:

- Acute Cellulitis
- Untreated congestive heart failure
- Acute untreated deep venous thrombosis(DVT)
- Phlebitis
- Fever
- Acute inflammation caused by bacteria, viruses, poisons or allergens

#### Relative:

- Malignant Disease
- Renal Dysfunction

#### History of Oncology Treatment?

#### History of Deep Vein Thrombosis?

#### Contraindications for deep trunk work:

- Osteoporosis
- Radiation fibrosis
- Bone metastases
- Hormone Therapy ie. Tamoxifen.

#### Local MLD Neck Treatment:

- Cardiac arrhythmia
- Hyperthyroidism
- Hypersensitivity of the carotid sinus
- Arteriosclerosis
- Lymph nodes radiated or removed

### Local MLD Abdominal Treatment:

- Pregnancy
- Fertility Planning/Protocol
- Menstrual Period
- Recent Abdominal Surgery(6 months)
- Radiation fibrosis, R colitis, R. cystitis
- Pelvic DVT(6 months)
  
- Crohn's Disease
- Diverticulitis or Diverticulosis/IBS
- Liver cirrhosis
- Abdominal aortic aneurysm
- Unexplained pain
- Implanted devices ie. drains, feeding tubes, colostomy bags, morphine pumps
- Fibroids, ovarian cysts, History of endometriosis
- Hormone patches, pain patches, nicotine patches, time released meds

**This form is supplemental to the General Health and Intake Consent Form.**

**Your signature indicates consent for manual lymphatic treatment.**

**Client Signature**

**Date**

**Therapist Signature**

**Date**